



7for7in7.com

Registration Form

Introduction

Working with the Rotary Club of Bedford Park, the St George's Day Charity Fund will celebrate its twenty-fifth anniversary in 2017 and has so far raised in excess of £465,000 for local charities and good causes.

7 for 7 in 7 was dreamt up by fund founder Nick Kier, to raise money and awareness for seven local charities and to add to the total raised by the St George's Day Charity Fund, in the hope that the £500,000 mark will be passed in 2017.

The plan is for entrants to either **Run** or **Walk** up to **7** half marathons for **7** charities in **7** days starting on **Saturday 22nd October** and finishing on **Friday 28th October**. Not surprisingly, Nick was the first to enter all seven of the half marathon runs; however, it is acceptable for the less energetic amongst us to select just one run or walk!

Seven local benefactors have offered up to £2,000 in matching funds to each of the chosen charities.

Each charity has been invited to enter runners or walkers to join Nick on their nominated day and to gain sponsorship in order to take advantage of the matching funds on offer.

Entrants can give their sponsorship monies to one or more of the selected charities.

Nominated Charities



FOUNDED IN 1961
Bedford & District
Handicapped Riders'
Association

Participants

The runs and walks are open to anyone, although there is a minimum age of 17 for runners and 16 for walkers. It is recommended that each entrant carries out some form of training prior to the event to make sure that they are fit enough to complete the course. All participants enter at their own risk and it is a condition of entry that they agree to the terms set out in this Registration Form. Whilst each charity has a dedicated day runners/walkers can run for 'their' charity on a different day if they would prefer.

Sponsorship

As this is a Charity Fund Raising Event, all entrants are encouraged to raise money through sponsorship. All sponsorship money should be paid by either the entrant or sponsor direct to the selected charity/charities via the event web site: www.7for7in7.com

A sponsorship form, if needed, is attached to this document. Further copies can be downloaded from the web site.

Start Times

The half marathon run will commence at 09:30 each day with the half marathon walk starting at 09:45. The runs are expected to take circa two hours to complete whilst the walks are estimated to take circa five hours. Times are of course dependent on the speed/fitness of the entrants.

Routes

The route of the run/walk will be centred on the day's Nominated Charity with the exception of the NSPCC, which will be held in the grounds of Woburn Abbey.

Details of each route and start location are available on the web site: www.7for7in7.com

Disclaimer

This event is being organised in aid of the Charities listed below. Participants take part on the understanding that they enter at their own risk and that the organisers will not be liable for any injury or loss that may occur as a result of their participation. Participants also agree that medical advice will be sought from a General Practitioner if they are in any doubt as to their physical ability to participate in the event. Participants also agree that photographs and videos taken during the event may be used to publicise the event and the work of the charities in general. Participant's data will be treated with the utmost respect and the organisers will never sell or swap participant's details with any third party.

Proceeds from the event will be donated to the nominated charities as directed by the participants.

Closing Date for Entries Friday 30th September 2016

7 Half Marathons for 7 Charities in 7 Days



7for7in7.com

Nominated Charities



FOUNDED IN 1961
Bedford & District
Handicapped Riders'
Association

Registration Form



Registered Charity
No. 1143918

Please tick ✓

Are you Running or Walking?	Running		Walking	
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Name(s) of Chosen Charity/Charities	Road Victims' Trust	Selected Day(s)	Saturday 22nd Oct	
	Keech Hospice Care		Sunday 23rd Oct	
	Carers in Bedfordshire		Monday 24th Oct	
	Beds Garden Carers		Tuesday 25th Oct	
	Bedford Open Door		Wednesday 26th Oct	
	NSPCC		Thursday 27th Oct	
	Bedford & District Handicapped Riders' Association		Friday 28th Oct	

Name	
Address	
Postcode	
Contact Tel. No.	
Mobile No.	
Emergency Contact Name	
Emergency Contact Tel. No.	
Email	

Age Sector	16 – 20	21 – 30	31 – 40	41 – 50	51 – 60	61+

Please return to:

Martyn Pearson, Event Administrator, 53 Ashmead Road Bedford MK41 7GA
t. 07860 261991 e. martyn.pearson@hotmail.co.uk

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Nominated Charities



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Bedford & District
Handicapped Riders'
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Sponsorship & Gift Aid Declaration Form



Registered Charity
No. 1143918

Participant's Name Please Print	
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Raising money for Please tick ✓	Road Victims' Trust	Saturday 22nd Oct	
	Keech Hospice Care	Sunday 23rd Oct	
	Carers in Bedfordshire	Monday 24th Oct	
	Beds Garden Carers	Tuesday 25th Oct	
	Bedford Open Door	Wednesday 26th Oct	
	NSPCC	Thursday 27th Oct	
	Bedford & District Handicapped Riders' Association	Friday 28th Oct	

Sponsor's Name	House No / Name	Post Code	Donation Amount	Date Paid	Gift Aid ✓
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					

giftaid it If I have ticked the box headed Gift Aid. I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity or charities named above to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Total Donations Received	
Total Gift Aid Donations	
Date Donations Given to Charity	

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